



Bulletin Edition #1318 : 27 September 2022

President: Steve McLachlan | **Secretary:** David Cockshell | **District Governor:** Paul Thomas | **RI President:** Jennifer Jones

President: Steve McLachlan

- Welcomed the members, the guest speaker, Ryen Archer, our exchange student Laurens van Eeten and Mrtin Winkworth
- Thanked the Club for the condolences re Julie's Mum passing; Marie Louise delivered a lovely live rose
- Thanked all the people who helped with the Swap Meet and the Giant Picnic in particular Darryl, Peter, Jenny, Kim and Marie-louise
- Noted the support from the Rotaractors and Interactors
- There is a quiz night on 8 Oct 22 in Elizabeth at the Playford Civic Centre—\$13 per person, \$110 per table—contact is Shirley Halls on 0419866872
- The movie, Lost Kings is being screened 1-7 Dec 22 in support of Polio eradication
- AHRF walkers evening at Marie-louise Lees' house on 11 Oct 22
- Area 6 dinner is on 12 Oct 22 for \$45 a head at the Watershed
- Rotaract meeting on Wednesday 28 Sep 22
- RYLA dinner Thursday 29 Sep 22
- Thanked Bev and Roger Freeman and Julie McLachlan for supporting the BBQ at the annual stud sale selling lamb burgers

Important Dates

25 Sept 22	Community Picnic Clonlea Park
11 Oct 22	ARHF Walkers
22 Oct 22	Bunnings BBQ
5 Nov 22	Village Fair
2-3 Dec 22	Christmas Display (TBC)
2022	Quiz Night
27-31 May 23	Rotary International Convention Melbourne

- Dave Giles is now a Friend of Rotary after 19 years of Rotary Service
- No meeting at the Gawler Arms on the 25th October—looking for suggestions

Guest Speaker: Ryen Archer—Archer Empower

- Established his company, an NDIS support organisation, two years ago to provide compassionate, personalised care at home, and in the community
- Has the goals and needs of his clients as first and utmost priority
- His 12 staff are well qualified and extremely friendly
- Has over 60 clients who he contacts directly twice a week to check on well being and progress
- Planning on expanding into Darwin
- Work with each client to ensure that funding is optimised and they are getting the most out of their NDIS plan
- Services include
 - Meal and Menu Planning
 - Grocery Shopping
 - Preparing, Cooking, Serving Meals
 - Special Dietary Restrictions
 - Assistance with Eating
 - Light Cleaning
 - Laundry and Linen Washing
 - Sweeping and Vacuuming
 - Dusting and Tidying Rooms
 - Washing and Drying Dishes
 - Transportation
 - Doctors/Dentist Appointments
 - Personal Appointments
 - Visiting Family and Friends
 - Shopping

Donations In Kind: David Cockshell

- The District Governor will be attending a district working bee and BBQ at DIK on 12Nov22

Community Service: Jenny Leadbeater

- There is the potential for a yard clean-up around 21Oct22

Members' Corner:

- Matthew Sanders: Rotary stickers available for \$3
- Dick Milner: Les had a scan last week which revealed a stage 4 carcinoma in her lung giving her a life expectancy of 4 months to 5 years
- Stephen Arthur: Son Lachlan ran the recent Berlin marathon in 2hr 45m

Cycling for Recycling: Duncan Power

On September 8, 2022, Rotary member and non-profit CEO, Duncan Power, completed a 37-day, 3,016km fundraising bicycle ride across Australia from Adelaide to Darwin.

Dubbed 'Cycle for Recycling', this epic ride was to raise awareness and funds for a sustainable innovative recycling project in the Philippines — the No 3 most plastic polluted country in the world — that addresses the poverty and environmental crises in urban poor communities.

Duncan began the journey in April but was forced to postpone after 316km due to after effects of COVID. Duncan recommenced phase 2 of the journey on August 7, 2022, setting off from Port Augusta towards Darwin.

In total, he cycled 3,016km over 37 days at an average speed of 17.2 kph, made 34 overnight stops and consumed about 150l of water.

Despite the physical and emotional exhaustion, Duncan said the amazing people he met along the way and the support he received from people all over the world powered him through to the end.

With a fundraising target of AU\$110,000, Cycle for Recycling has raised AU\$65,930 already to fund a project in Manila that will use micro-finance and skills training to create new livelihood opportunities for urban poor families to achieve economic sustainability, and establish a new recycling facility to recycle waste plastics into eco-bricks and other sustainable building materials for environmental sustainability.



“I want to say a BIG THANK YOU to everyone who has supported me on this incredible journey either through donating or through your kind and encouraging words on social media,” said Duncan. “These have all meant a lot to me and kept me going through the strongest headwind, the steepest hill, dodging the 50-metre road trains, or the pain barrier of cycle chafing!”

Meanwhile, activities in partner communities have already begun on the project.

The ALPAS social housing community is busy collecting plastic waste from households, businesses and the environment for collection and processing by project partner Green Antz.

On 9Sep22, 60kgs of waste plastic was transported from the site to a recycling hub to be turned into eco-bricks. Upon reaching our fundraising target, a new recycling facility will be set up to process much, much more.

To celebrate the end of Duncan's cycle, Green Antz also donated 250 eco-bricks that will be used in the construction of a new eco store within the housing site that will challenge the traditional plastic-heavy sari-sari store model by selling basic household goods using bulk purchasing and bring-your-own-container initiatives to champion a zero-waste retailing model.

Though the cycling has ended, the fundraising continues. You can learn more about the project, see photos, videos, and updates from Duncan's journey, and donate at www.danaasia.org/cycleforrecycling

On Line Meetings: Bron Anderson

- If anyone wants to attend a meeting via online, please register via the website at: <https://www.gawlerlightrotary.org/event>

Treasurer: Peter Harper

- Members are reminded the Club's annual subscription should be paid as soon as practical

MEETING ROSTER

	4-Oct-22	11-Oct-22	18-Oct-22	25-Oct-22
Meeting Number	1319	1320	1321	1322
Meeting Type	Partners Welcome	Partners Welcome	Partners Welcome	Partners Welcome
Chairperson	Marie-louise Lees		Darryl Matthews	Dick Milner
Rotary Information	Darryl Matthews		Dick Milner	Martin Monument
Thought for the Week	Dick Milner		Martin Monument	Duncan Power
Vote of Thanks	Martin Monument		Duncan Power	Matthew Sanders
Fellowship	Duncan Power		Matthew Sanders	Deanne Tingey
Cashier	Greg Morris	David Weatherley	Greg Morris	David Weatherley
Guest Speaker	Kim Wright		Richard Tucker	
Subject	In the Navy	ARH Heysen Walkers Event	Adelaide International Bird Sanctuary	RCGL Committees

ATTENDANCE

All apologies: contact **Susan Clift-Bowden (0438 067 894 or cliftsusan@gmail.com)**

Non-attendance must be notified by **10am Monday**.

Given the current situation please advise your intention to eat a meal.

If you are intending on being away for a lengthy period of time, please also notify the Bulletin Editor

PO Box 1577, Gawler SA 5118

Meetings: Most Tuesdays 6.15pm for 6.30pm meal, (Optional) .
7.15pm for 7.30pm meeting

Venue: Gawler Arms; 102 Murray St ,Gawler SA 5118.

Email: president@gawlerlightrotary.org

Facebook: www.facebook.com/gawlerlightrotary

Instagram: [@gawlerlightrotary](https://www.instagram.com/gawlerlightrotary)