



**President:** Steve McLachlan

- Welcomed the members, the guest speaker, Ron Warland and father-in-law Bill Close
- Susan Clift-Bowden sends her apology for tonight
- Bill Close presented the Club with a \$500 donation for provision of a BBQ during a recent sheep sale at Newbold Stud
- Please consider being a host for the next student exchange
- Thanked all the members who supported the Australia day breakfast

**International:** Dave Cockshell

- We have a friend Vicki who has organized, through DIK, containers destined for Vanuatu
- She has a benefactor who wants to send a container each year to Vanuatu
- We may need volunteers in June to help load one of these containers

## Important Dates

<b>17 Feb 23</b>	<b>Gawler Fringe</b>
<b>5 March</b>	<b>Clean Up Australia Day</b>
<b>11 March</b>	<b>Fringe in the Park</b>
<b>18 &amp; 19 March</b>	<b>Relay for Life</b>
<b>25 March</b>	<b>Playground Opening Ceremony</b>
<b>16 April</b>	<b>Barossa Airshow</b>
<b>29 April</b>	<b>GCFC Gatekeeping</b>
<b>27-31 May 23</b>	<b>Rotary International Convention Melbourne</b>

**Guest Speaker:** Ron Warland - Life of a freight Train Driver

- Retired 28 years ago
- Was Darryl Matthew's boss
- Spoke about the diesel locomotives built in the 1950s which produced 758 horsepower
- The diesel engine powered a generator to produce electricity to propel the locomotive through electric motors and also produced air for the brakes
- There was no air conditioning in the cabin and only a single bar heater that worked well in summer
- In the front compartment there were a couple of fire extinguishers, a big slab of grease, a box of detonators, 2 shovels, 2 picks and a comprehensive medical box which was sealed and never opened unless there was a major accident.
- The fuel tank held 6000 litres of diesel which was used at a rate of about 5 litres a kilometre.
- A driver did 7 years training, starting at about age 18, and gained initial driving experience shunting locomotives
- If you were prepared to go to a country town you have to wait for promotion until someone at the top retires.
- Promotion was quicker if you were prepared to go to a country town because you had to wait for someone to die or retire before progressing

- There was a lot to learn including all the train signals
- The momentum of the train meant drivers had to be very knowledgeable about the track
- When a locomotive broke down detonators were placed 500 metres away to ensure plenty of warning and braking distance for the recovery locomotive; It takes a long time for a train to stop.
- Brakes could be applied to the train only, the locomotive only, both together, or dynamic braking could be applied

**Members Corner:**

- Marie-louise Lees: reminder about the Mental Health Walk; \$30 entry for a 5 km walk
- Bron Anderson: doing the stampede at Adelaide oval
- Martin Monument: Investigating feasibility of doing a ghost walk on a Tuesday evening in Port Adelaide



## **Rotary Information:** Dave Cockshell

Rotary and the United Nations have a shared history of working toward peace and addressing humanitarian issues around the world.

The 32nd President of the United States of America Franklin D Roosevelt was a member of the Rotary Club of Albany, New York. After being struck down by what they believe was polio, FDR was very active in raising funds to find a vaccine.

During WWII, Rotary disseminated information throughout the world to their members, educating them on proposals and the need for the formation of the United Nations. Rotary International was one of 42 organizations invited to act as delegates and consultants leading to the United Nations Charter.

Thanks to Rotary, delegates and consultants across the world were well informed and ready to contribute. Still today, Rotary holds the highest consultative status offered to a non-Governmental organization by the UN's Economic and Social Council, which oversees many specialized UN agencies.

The Rotary Representative Network maintains and furthers its relationship with several UN bodies, programs, commissions, and agencies.

This network consists of Rotary International representatives to the United Nations and other organizations. Rotary Day at the UN each year celebrates the organizations' shared vision for peace and highlights the critical humanitarian activities that Rotary and the United Nations lead around the world. What a privilege to be a Member of Rotary!  
<https://www.rotary.org/en/un-day> ROTARY DAY

# Walking the Heysen Trail



**OVER** five days in October 2022, a mixed group of Rotarians and non-Rotarians from South Australia and Victoria were given the chance of a lifetime to walk selected highlights of the iconic Heysen Trail in aid of Australian Rotary Health's Lift the Lid on Mental Illness campaign. The South Australian landscapes varied from coastal to hilly, to remote and rural, covering a total of 78kms.

The 11 walkers and two guides were met at the end of each day by members of nearby Rotary clubs, who provided an evening meal, bed and breakfast in their homes, before dropping their guests to the next day's starting point. This provided great opportunities to raise awareness of Rotary projects, to discuss the work accomplished by different clubs in their own communities, and to share ideas. Some clubs chose a quiet night in, while others arranged a club meeting/ social event to mix and mingle with all the walkers and their hosts.

Over the five days, new friendships were made, thoughts were shared, and respect earned. It soon became apparent that the trek was having huge benefits on the mental wellbeing of the walkers, who were profiting not just from exercising in the open air but by getting away from pressures at work, or by distancing themselves from life's everyday problems and having the opportunity to think more clearly about themselves.

With the support of the South Australian ARH District Committee and the Rotary Clubs of Glenelg, Victor Harbor, Encounter Bay, Goolwa, Strathalbyn, Mount Barker, Stirling, Gawler Light, McLaren Vale, Adelaide, Waikerie and Wendouree Breakfast, the Heysen Trail Trek for ARH has raised over \$16,000 to date and has raised public awareness of the Rotary brand and the Lift Lid on Mental Illness campaign. <sup>2022</sup>

Box 1577, Gawler SA 5118

**Meetings:** Most Tuesdays 6.15pm for 6.30pm meal, (Optional) .  
7.15pm for 7.30pm meeting

Venue: Gawler Arms; 102 Murray St ,Gawler SA 5118.

Email: [president@gawlerlightrotary.org](mailto:president@gawlerlightrotary.org)

**Facebook:** [www.facebook.com/gawlerlightrotary](http://www.facebook.com/gawlerlightrotary)

**Instagram:** [@gawlerlightrotary](https://www.instagram.com/gawlerlightrotary)

**Exchange Student:** Laurens van Eeten

- My last week of summer holidays, I went to the City and beach
- On Thursday Australia Day I helped cook the breakfast
- I went to Jenny's place and we went to Berenberg then Hahndorf and picked a lot of strawberries; I ate about a kilo
- Hahndorf was a good place but some of the shops were a bit weird
- Went to Grange Beach
- Went to Jenny's house and spent time in the pool which was very nice
- Had a bike ride to Lyndoch and back with Matthew and enjoyed the rest after that
- Monday, first day at school, my jewelry making class has finished, so I am now trying metal work and CAD
- We went to the farm to get some cows; a little drama
- On the way to School I found a dog which neighbours helped to return to other neighbours



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**Youth:** Marie-louise Lees

- Darryl and I had a productive meeting with the Interactors at the Gawler District School
- The student volunteers provide good support at the school with all fund raising monies donated back to the school.
- A potential project is an upgrade to the toilets at the school with painting in the form of murals
- They have funds for a peace pole
- The school has only paid them for the cost of the BBQ, rather than cost plus profit, which would be donated back to the school; this arrangement needs to be sorted out

**International Women's Day Breakfast:** Marie-louise Lees

- Richard Tucker's daughter will be on the panel
- Men can come— it is about celebrating women and their achievements

**Rotary Shed:** Richard Tucker

- There is a lot of caltrop around the shed which needs to be removed

**MEETING ROSTER**

	7-Feb-23	14-Feb-23	21-Feb-23	28-Feb-23
Meeting Number	1332	1333	1334	1335
Meeting Type	Partners Welcome	Partners Welcome	Partners Welcome	Partners Welcome
Chairperson	David Cockshell	Marilyn Curtis	Ian Curtis	Rob Eley
Rotary Information	Marilyn Curtis	Ian Curtis	Rob Eley	Roger Freeman
Thought for the Week	Ian Curtis	Rob Eley	Roger Freeman	Jenny Leadbeater
Vote of Thanks	Rob Eley	Roger Freeman	Jenny Leadbeater	Marie-louise Lees
Fellowship	Roger Freeman	Jenny Leadbeater	Marie-louise Lees	Darryl Matthews
Cashier	Peter Harper	David Weatherley	Greg Morris	Peter Harper
Guest Speaker	Jim Mavromatis	Marie Dorrington	Henry Carter	
Subject	Guitars for Veterans	Interplast	Barossa Medieval Fair	Committees
Meeting location	Gawler Arms	Gawler Arms	Children's Learning Centre at GDC	Gawler Arms

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